



Transcript

Arts, Literature and Music



A Good Read

I Still Have It - I just can't remember where I put it - Confessions of a Fiftysomething, by Rita Rudner

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The book I have chosen to review is *I Still Have It - I just can't remember where I put it - Confessions of a Fiftysomething*, by Rita Rudner.

This evening I'd like to share with you a veritable gem of a light-hearted read, with that extremely long title. They say laughter is the best medicine and within the pages of this book you will be chuckling, guffawing, snorting or just plain old rib tickling belly laughing all the way to the way to the last full stop.

Now I must say, I am the sort of person who, though I love humour, do not find it easy to find a book that really sets my laughter machine in full motion. Usually there is a little tickle here and a small smile there. Then again I may be just a picky reader who is hard to please.

I have to admit that the first thing I noticed about this book was the title. It has quite a long and rather cumbersome title to remember but it did draw me in. Coupled with that was the front cover of the overly dramatic pose of the author herself. In a backdrop of dimmed lights and a scarlet semi spotlight on a shimmering gown – palm to forehead in a pose of self resignation that perhaps she really is losing the grip on this game we call life.

Throughout the book, author, Rita Rudner, reveals the life of a fifty something person, albeit that person with celebrity status. So she rolls out anecdotes of her own life, sprinkled, no doubt, with her own humorous take. She talks about golfing tales, news stories, vacations of the not so rich and famous, the abbreviation generation, the advantage of being vintage and many more tales of the fifty something experiences of life.

At this point I should say that I was interested in the truthful, lighthearted and funny side of what the big 50 might herald in. One hears much of each decade of life being the best time of your life, the turning point, the getting of wisdom or some other rolled out cliché. Still, I figured that a fifty something might be able to create a slip in the curtain to preview to a forty something woman what might be ahead.

Rita's book is a fast paced, sharp witty view of the world and her experiences of life. Each chapter is short and punchy. And when you finish one you are compelled to continue for the next round of laughs. With each page your expectation for laughs is there and Ms. Rudner delivers as promised.

This book is likely to be enjoyed by women readers mostly, though I suspect there would be quite a few gentlemen who would also quite happily chuckle their way through her stories.

Rita Rudner is a well known comedian, actress, screenwriter and author. Her previous works include *Naked Beneath My Clothes*, *Tickled Pink* and *Turning The Tables*. She performs regularly and exclusively in Las Vegas.

If you would also like to enjoy a humorous spin through her latest book make sure you request this title that is bound to be extremely popular. For myself, having now read this gem I am off to search for her earlier titles as well.

For now though, the title of tonight's book is *I Still Have It - I just can't remember where I put it - Confessions of a Fiftysomething*, by Rita Rudner.. This is a 2008 publication from Ritmar Productions Incorporated, and published by Random House.